



AUSTRALASIAN PHYSIOTHERAPY ASSOCIATION

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IPSWICH QLD 4305

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**Physioactive**™

**CLINICAL PHYSIOTHERAPY GROUP CLASSES  
FROM 06.08.2020**

Day	Time	Physiotherapist
Monday	4:15pm-5:00pm(R)	Claire
	5:00pm-5:45pm (R)	Claire
	5:45pm-6:30pm (R)	Claire
Tuesday	8:30am-9:15am (R)	Shelley
	9:15am-10am(R)	Shelley
	10:00am-10:45am (R)	Shelley
	4:15pm-5:00pm (R)	Emily
	5:00pm-5:45pm (R)	Emily
	6:00pm-6:45pm (M)	Emily
Wednesday	9:00-9:45am (M)	Anne
	9:45am-10:30am(M)	Anne
	4:15-5:00pm (M)	Peta
	5:15-6:00pm (R)	Peta
	6:00-6:45pm (R)	Peta
Thursday	5:15pm-6:00pm (R)	Emily
	6:00pm-6:45pm (R)	Emily

**To make a booking call 3281 8876**

\* Pre-Pilates Assessments may be required before attending classes

(M) = Matwork (max 8 people/class)

(R) = Reformer (max 6 people/class)

